



Maryland Developmental Disabilities Council

CREATING CHANGE • IMPROVING LIVES

Planning Now: A Futures and Estate Planning Guide for Families of Children and Adults with Developmental Disabilities

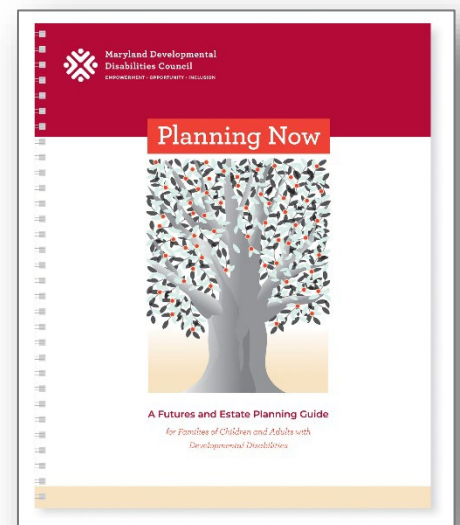
Future and estates planning includes envisioning a desired future for your child. *Planning Now* discusses the importance of planning and provides essential information, suggestions, and a framework for planning.

It is very important to plan regardless of the type and severity of your child's disability, the makeup of your family, or the amount of money you have.

Planning Now considers some basic questions, including:

- ◆ How can families assist their adult children now, or their minor children in the future when they enter adulthood, to live where and with whom they want with the support they need?
- ◆ How can parents or other relatives, during their lifetimes or upon their death, help their loved one with a disability?
- ◆ How can they avoid jeopardizing essential public medical and financial benefits (like Supplemental Security Income and Medicaid)?

Planning Now explains important issues and ideas to consider; provides a basic understanding of financial, legal, and planning tools to help organize and develop a plan; and explains how to select and work effectively with professionals.



Electronic and print versions are available for free.

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Spanish version available.

Publication is available in alternative formats upon request.