



## **Supported Decision-Making Training**

Parents' Place of Maryland

**Location:** Statewide

**Funding:** \$75,000 | \$25,000 match

### **GOAL**

Train families, youth, and professionals about supported decision-making. Supported decision-making helps people keep their rights and have more control over their lives.

### **SUMMARY**

A law was passed in 2022 that allows adults to use supported decision-making (SDM) to get support to understand, consider, and make decisions themselves. SDM is a way for adults to get help from other people to make choices and decisions for themselves.

The Parents' Place of Maryland, in partnership with People On the Go Maryland, Disability Rights Maryland, and The Arc Maryland, will develop a training for youth with developmental disabilities, their families, and the professionals who work with them.

### **ACTIVITIES**

- Form a Supported Decision-Making Advisory Committee in order to inform and guide the work.
- Review existing SDM training resources and make a plan for using them in Maryland.
- Create a training curriculum to educate families, youth with developmental disabilities, and professionals about SDM.
- Conduct at least 4 trainings on SDM using the new teaching materials for families, youth with developmental disabilities, and professionals. The goal is to reach 60 youth with developmental disabilities, members in their families, and professionals who work with them across the 4 trainings.
- Develop factsheets in English and Spanish about SDM for people to share in the community.



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## **OUTCOMES**

- People with developmental disabilities live the lives they want with the support they need, including SDM.
- People with developmental disabilities and their families increase their knowledge and skill about using SDM.
- Professionals who support people with developmental disabilities increase their knowledge and skill and can encourage the use of SDM in places like school, work, and the doctor's office.