



## The 300 Leaders

Tsinat Institute

**Location:** Montgomery County

**Funding:** \$30,844 | \$10,281 match

### GOAL

Prepare Ethiopian and Eritrean youth with developmental disabilities for:

- Future employment,
- More participation in the community, and
- Transition to independent life.

### SUMMARY

The 300 Leaders is a leadership development program designed for youth with developmental disabilities who are Ethiopian and Eritrean. Ethiopian is the word for people from Ethiopia, a country in Africa. Eritrean is the word for people from Eritrea, a country in Africa. Youth will receive workforce development training, job coaching, and life skills mentoring. The 300 Leaders program uses many different ways to teach these skills. For example, they do mock interviews to teach social skills as well as volunteer opportunities to build awareness of workplace culture.

The 300 Leaders training is provided in a hybrid format. This means participants join trainings online and in-person. There are 20 weeks in the program with two trainings each week. Topics include: conflict resolution, negotiation, building friendships at work, time management, personal appearance at work, and team work. After attending this training, youth will be able to confidently make decisions in their community and work place. Tsinat Institute will also provide awareness training to community leaders. This training will increase awareness of how to support families of youth with disabilities.

### ACTIVITIES

- Recruit and teach 20 youth with developmental disabilities using the 300 Leaders training.



- Hold 20 online sessions and 20 in-person sessions every week for the duration of the program.
- Help graduates put what they learn into action.
- Teach community members, teachers, and religious leaders about disability awareness.

## **OUTCOMES**

More youth with developmental disabilities from Ethiopian and Eritrean communities will:

- Have the skills they need to be successful leaders,
- Be prepared for employment, and
- Be more involved and included in their communities.

More people in the community will:

- Welcome and include more people with developmental disabilities and their families, and
- Hire people with developmental disabilities.